



CRSP Bucuresti
Compartimentul PromoSan

5. MATERIALE GRAFICE CYH 2017

Sumar

- A) Postere
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A) POSTERE

(Sursa http://www.who.int/gpsc/5may/resources/PSP_poster_clean_care_LR_2010_en.pdf)

Poster nr. 1



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Patient Safety
A World Alliance for Safer Health Care

Clean Care is Safer Care

HAI is the **problem.** Clean care is the **solution.**

The problem

Health care-associated infections (HAI) affect hundreds of millions of patients worldwide every year. In developed countries, HAI affects on 5–15% of hospitalized patients. The burden due to HAI in developing countries is likely to be several times higher.

The solution

WHO Clean Care Is Safer Care is a patient safety programme aimed at reducing HAI. Infection prevention and control, including hand hygiene, is the solid and essential basis for good health care everywhere and **WHO Clean Care Is Safer Care** is a patient safety programme aimed at minimizing the occurrence of HAI.



For more information visit <http://www.who.int/gpsc/5may/en/index.html> or contact us: savelives@who.int

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Infectiile nozocomiale (IN) sunt problema. Solutia este igiena riguroasa.

Problema

In fiecare an milioane de pacienti din intreaga lume sunt afectati de IN. În țările dezvoltate 5 - 12% dintre pacientii spitalizati sunt afectati de IN. Amploarea IN in tarile in curs de dezvoltare poate fi considerabil mai ridicata.

Soluția

Programul OMS „Igiena riguroasa, tratament mai sigur” (WHO Clean Care is Safer Care - CCSC), este un program pentru siguranța pacienților care vizează reducerea IN. Pretutindeni prevenirea și controlul infecțiilor, incluzand igiena mâinii, reprezinta un factor major pentru o sănătate bună iar CCSC constituie un instrument eficace pentru a minimiza apariția IN.

Poster nr.2



Every 5 May:
WHO, bringing people together
to improve & sustain hand hygiene



Through hand hygiene improvement, **SAVE LIVES: Clean Your Hands** galvanizes action at the point of patient care to reduce health care-associated infection. Every 5 May, we take this action together.

To help improve and sustain hand hygiene compliance and reduce infections in your health-care facility, please visit <http://www.who.int/gpsc/5may/en/index.html> or contact us: savelives@who.int



OMS mobilizeaza personalul medical pentru imbunatatirea durabila a igienei mainii.

Prin imbunatatirea igienei mainii, Campania "Igiena mainii: **Sanatate si Viata (SAVE LIVES: Clean Your Hands)** stimuleaza actiuni indreptate catre reducerea infectiilor nozocomiale.

Pentru a imbunatati durabil igiena mainii si pentru reducerea infectiilor in institutia Dvs. vizitati

<http://www.who.int/gpsc/5may/en/index.html> sau contactati savelives@who.int.

Amintiti-va cele 5 momente importante pentru igiena mainii

1	Inainte de contactul cu pacientul
2	Inainte de procedurile aseptice
3	Dupa riscul de expunere la lichide corporale
4	Dupa contactul cu pacientul
5	Dupa atingerea obiectelor din jurul pacientului

C) PROSPECTE (recomandabil in format A3 sau A4)

Fila nr. 1

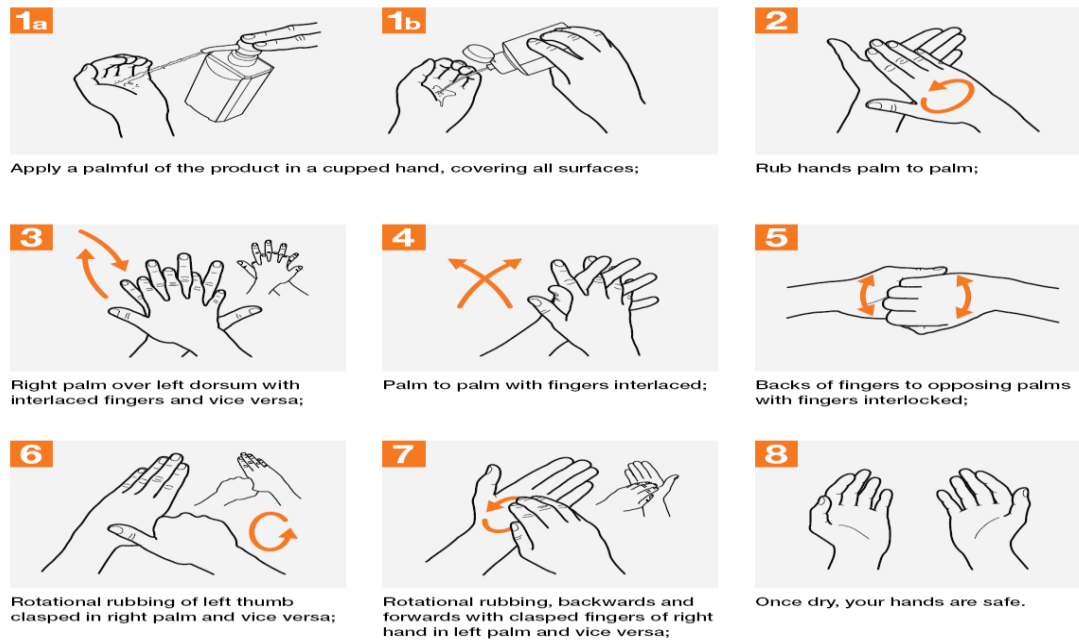
Sursa: http://www.who.int/gpsc/5may/How_To_HandRub_Poster.pdf

Vezi pagina urmatoare

How to Handrub?

RUB HANDS FOR HAND HYGIENE! WASH HANDS WHEN VISIBLY SOILED

⌚ Duration of the entire procedure: 20-30 seconds



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Cum dezinfectam mainile?

O BUNA IGIENA IMPLICA DEZINFECTIA! IN PREALABIL, SPALATI MAINILE DACA SUNT VIZIBIL MURDARE

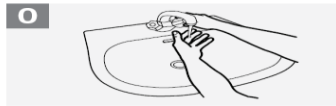
Durata intregii proceduri: 20-30 secunde

- 1 a si 1 b Aplicati produsul dezinfectant in palma acoperind toata suprafata
- 2 Frecati mainile palma peste palma
- 3 Palma dreapta peste cea stanga cu impletirea degetelor si vice versa
- 4 Palma peste palma cu degetele impletite
- 5 Dosul degetelor pe palma opusa cu degetele impreunate.
- 6 Frecari rotative cu degetul mare stang prins in palma dreapta si vice versa.
- 7 Frecari rotative intr-un sens si celalalt cu degetele impreunate ale mainii dreapte, pe palma stanga si vice versa
- 8 Odata uscate, mainile sunt dezinfectate.

How to Handwash?

WASH HANDS WHEN VISIBLY SOILED! OTHERWISE, USE HANDRUB

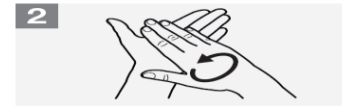
 Duration of the entire procedure: 40-60 seconds



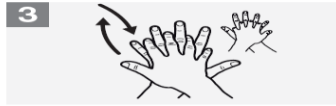
0 Wet hands with water;



1 Apply enough soap to cover all hand surfaces;



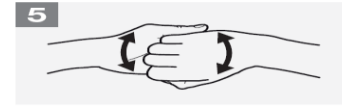
2 Rub hands palm to palm;



3 Right palm over left dorsum with interlaced fingers and vice versa;



4 Palm to palm with fingers interlaced;



5 Backs of fingers to opposing palms with fingers interlocked;



6 Rotational rubbing of left thumb clasped in right palm and vice versa;



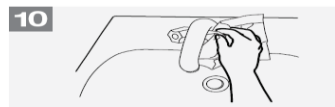
7 Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa;



8 Rinse hands with water;



9 Dry hands thoroughly with a single use towel;



10 Use towel to turn off faucet;



11 Your hands are now safe.



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Cum spalăm mainile?

SPALATI MAINILE DACA SUNT VIZIBIL MURDARE! ALTFEL, DEZINFECTATI-LE

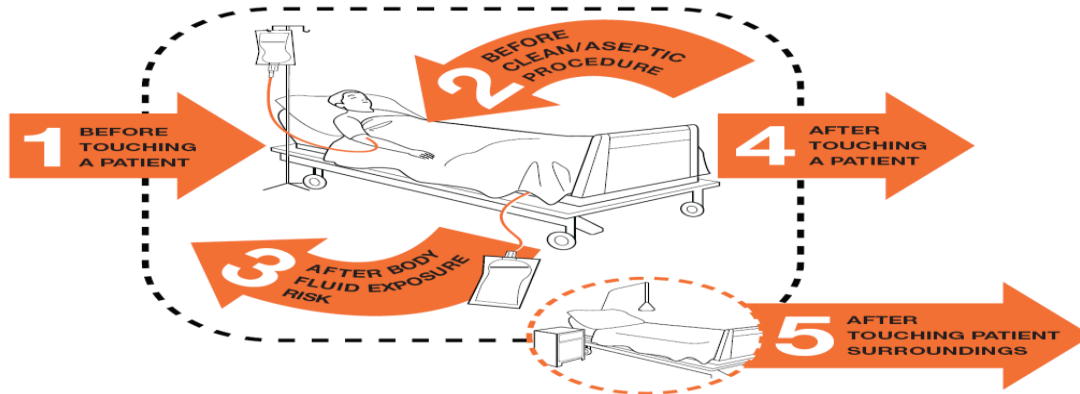
Durata întregii proceduri: 40-60 secunde

- 0 Udati mainile cu apa.
- 1 Aplicati sapun suficient pentru a acoperi toata suprafata mainilor
- 2 Frecati mainile palma peste palma
- 3 Palma dreapta peste dosul palmei stangi cu impletirea degetelor si vice versa
- 4 Palma peste palma cu degetele impletite
- 5 Dosul degetelor pe palma opusa, cu degetele impreunate.
- 6 Frecri rotative cu degetul mare stang prins in palma dreapta si vice versa
- 7 Frecri rotative intr-un sens si celalalt cu degetele impreunate ale mainii dreapte, pe palma stanga si vice versa
- 8 Clatiti mainile cu apa
- 9 Uscati mainile cu un prosop de unica folosinta
- 10 Inchideti robinetului folosind un prosop
- 11 Odata uscate, procedura de spalare este terminata

Fila nr. 3 (recomandat format A3)

Sursa: http://www.who.int/gpsc/5may/Your_5_Moments_For_Hand_Hygiene_Poster.pdf

Your 5 Moments for Hand Hygiene



1	BEFORE TOUCHING A PATIENT	WHEN?	Clean your hands before touching a patient when approaching him/her.
		WHY?	To protect the patient against harmful germs carried on your hands.
2	BEFORE CLEAN/ASEPTIC PROCEDURE	WHEN?	Clean your hands immediately before performing a clean/aseptic procedure.
		WHY?	To protect the patient against harmful germs, including the patient's own, from entering his/her body.
3	AFTER BODY FLUID EXPOSURE RISK	WHEN?	Clean your hands immediately after an exposure risk to body fluids (and after glove removal).
		WHY?	To protect yourself and the health-care environment from harmful patient germs.
4	AFTER TOUCHING A PATIENT	WHEN?	Clean your hands after touching a patient and her/his immediate surroundings, when leaving the patient's side.
		WHY?	To protect yourself and the health-care environment from harmful patient germs.
5	AFTER TOUCHING PATIENT SURROUNDINGS	WHEN?	Clean your hands after touching any object or furniture in the patient's immediate surroundings, when leaving – even if the patient has not been touched.
		WHY?	To protect yourself and the health-care environment from harmful patient germs.



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5 momente importante pentru igiena mainii

1	Inainte de contactul cu pacientul	Cand? Spala mainile inainte de contactul cu pacientul De ce? Pentru a proteja pacientul de germenii periculosi aflati pe mainile tale
2	Inainte de procedurile aseptice	Cand? Spala mainile imediat inainte de procedurile aseptice De ce? Pentru a proteja pacientul de intrarea in corpul sau a germenilor periculosi, inclusiv a celor de pe propria piele
3	Dupa riscul de expunere la lichide corporale	Cand? Spala imediat mainile dupa riscul de expunere la lichide corporale (iar apoi arunca manusile) De ce? Pentru protectia ta si a campului de tratament fata de germenii periculosi ai pacientului.
4	Dupa contactul cu pacientul	Cand? Spala mainile dupa contactul cu pacientul sau cu obiectele din preajma inainte sa parasesti perimetrul acestuia. De ce? Pentru protectia ta si a campului de tratament fata de germenii periculosi ai pacientului.
5	Dupa atingerea obiectelor din jurul pacientului	Cand? Spala mainile imediat dupa atingerea oricarui obiect sau mobilier aflat in apropierea pacientului, chiar daca pacientul insusi nu a fost atins. De ce? Pentru protectia ta si a campului de tratament fata de germenii periculosi ai pacientului